

Instill Pride in America

Supporting and promoting pride in our country and respect for the American flag is an ongoing tradition at National Mutual Benefit. To begin your own family tradition of American pride, you could:



- ☆ Order a U.S. flag kit from NMB to proudly display on your house.
- ☆ Celebrate National Flag Day, June 14, and Independence Day, July 4.
- ☆ Try the patriotic recipes below from the *100th Anniversary NMB Cookbook*.

To order a flag kit or the NMB cookbook, see the Member Information and Orders card between pages 20 and 21. For more information on attending or organizing a patriotic event, go to our Web site at www.nmblife.org.

PATRIOTIC SALAD

page 110

- 1 small pkg. cherry Jello
- 1 envelope plain gelatin
- 1/2 cup cold water
- 1/2 cup cream or milk
- 1/2 cup sugar
- 1/2 tsp. vanilla
- 1 cup sour cream
- 1 small pkg. strawberry Jello
- 1 cup hot water
- 1 cup blueberry pie filling

First layer: Make cherry Jello per instructions on box. Pour into 8x8-inch square pan. Chill until set. **Second layer:** Soften plain gelatin in 1/2 cup cold water. Heat milk and sugar. Remove from heat and add softened gelatin. Stir well. When cool, add vanilla and sour cream. Mix and pour over 1st layer. **Third layer:** Dissolve strawberry Jello in hot water. Stir in blueberry pie filling. Pour over 2nd layer and chill.

Angie Tuhy • Dickinson, ND

RED, WHITE & BLUEBERRY DESSERT

page 212

- 1 (10-3/4 oz.) pkg. frozen pound cake
- 1 can blueberry pie filling
- 1 can strawberry or raspberry pie filling
- 1 (4 oz.) container whipped topping, thawed

Split cake into 3 layers. Place one layer on serving plate; spread with 1 cup blueberry filling. Add second layer; spread with 1 cup red filling. Top with third layer. Frost top and sides with whipped topping. Chill. Put remaining pie filling on top or on each slice. *Very pretty dessert!*

Pam Carlson • Eau Claire, WI



**NATIONAL
MUTUAL
BENEFIT**

A Fraternal Life Insurance Society

P.O. Box 1527 • Madison, WI 53701-1527
(608) 833-1936 or 1-800-779-1936
www.nmblife.org

People Helping People Since 1902

NONPROFIT ORG.
U.S. POSTAGE
PAID
MADISON, WI
PERMIT NO. 2939

NATIONAL MUTUAL BENEFIT
6522 Grand Teton Plaza
P.O. Box 1527
Madison, WI 53701-1527

Change Service Requested